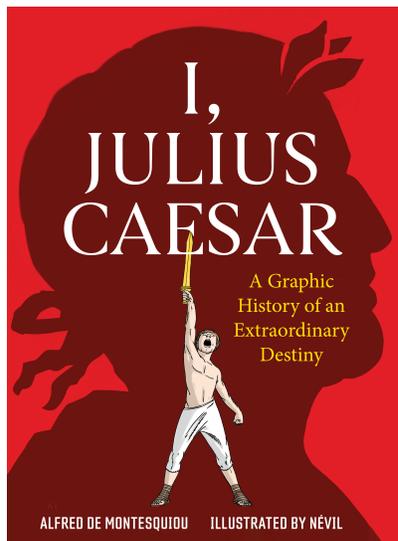


# The Experiment

SUMMER 2026

FRONTLIST





## I, Julius Caesar

### A Graphic History of an Extraordinary Destiny

Alfred de Montesquiou, Névil

**By a prize-winning journalist, a bold and immersive first-person retelling—in brilliantly compelling graphic history—of Roman ruler Julius Caesar’s epic, eventful life**

#### Summary

Few people who have ever lived have made a bigger mark on history. And few have lived such an adventurous life. That destiny—of a sickly orphan boy who would climb to the top of the Roman Empire—belongs to Julius Caesar. And he himself relates it here, from cradle to grave.

Thanks to extraordinarily intensive research that made it possible to re-create every stage of Caesar’s life, this graphic history reads like an autobiography. In it, Julius Caesar shares, in his own words, his humiliations and his victories, his boldest moves and his moments of madness. How could he have defeated all his enemies and been assassinated by his friends? Although he was intransigent both on the battlefield and in the political arena, we see how he was capable of unexpected leniency and could be a bashful lover. Here is the flesh-and-blood human being, as told by the Julius behind the Caesar, the man behind the myth.

Prize-winning journalist and author Alfred de Montesquiou interviewed some of the world’s most eminent Julius Caesar specialists. Those 32 historians, many of whom specialize in a different period in Caesar’s life, made it possible for de Montesquiou to pull off a stupendous feat—to write this graphic history based exclusively on documented facts.

#### Contributor Bio

A graduate of the Columbia Journalism School, **Alfred de Montesquiou** is a journalist, essayist, and documentary filmmaker. Winner of the 2012 Albert Londres Prize, France’s highest award for journalism (the French equivalent of the Pulitzer Prize), he is the author of many books, of which this is the first to be translated into English. He has also directed several documentaries, including *Jules*, a French TV series based on *I, Julius Caesar*.

**Névil** is a comic book artist and a film storyboarder. He created the storyboards for *Jules*, a French TV series based on *I, Julius Caesar*.

#### Quotes

“It’s one of Alfred de Montesquiou’s greatest merits to bring Julius Caesar’s life back to light in this historical comic strip, which, conceived as an autobiography by the artist himself, is a model of its kind. The simplicity and elegance of Névil’s drawing is matched by the journalist-historian’s rigorous and remarkable research.”—**Le Figaro**

“The authors paint a portrait of an adventurous, romantic Caesar, written in the style of Maupassant and staged like a Shakespearean drama with Tarantino-style framing.”—**Le Soir**

“It’s a wonderful comic book that tells the story of this extraordinary destiny. The artwork is magnificent, illustrated by Névil.”—**La matinale 15' de plus**

The Experiment  
9798893031126  
On Sale Date: 8/4/2026  
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\$24.95/\$32.95 Can. Paperback  
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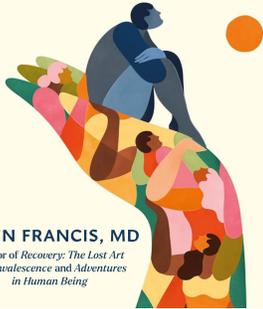
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Full-color illustrations on every  
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Comics & Graphic Novels /  
Nonfiction CGN007010  
11 in H | 8 in W



"A writer-physician who sees the drama and beauty in human life."  
—Annie Dillard, author of *Pilgrim at Tinker Creek*

# THE UNFRAGILE MIND

A Physician's Call for Restoring  
Hope and Humanity to Mental Health Care



GAVIN FRANCIS, MD  
Author of *Recovery: The Lost Art  
of Convalescence and Adventures  
in Human Being*



The Experiment  
9798893031355  
On Sale Date: 5/5/2026  
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\$29.95/\$38.95 Can.  
Hardcover with dust jacket

256 Pages  
15 B&W photographs &  
illustrations  
Carton Qty: 16  
Psychology / Mental Health  
PSY036000  
8.3 in H | 5.5 in W

## The Unfragile Mind

**A Physician's Call for Restoring Hope and Humanity to Mental Health Care**

Gavin Francis

**A timely, layered approach to the evolution of our current mental health climate—from a medical practitioner and internationally acclaimed author—that makes the case for navigating a worldwide issue with compassion and curiosity**

### Summary

According to the National Institute for Mental Health, over fifty-nine million adults and nearly a fifth of adolescents in the US have been diagnosed with some form of mental illness, with about 50 percent receiving treatment. But for a population that's experienced an explosion of labeling and diagnoses over the last ten years, there remains a chasm between our cultural conversations about mental health and its real-life treatment by medical practitioners—and the drug and insurance companies who rule them.

Drawing on thirty years of medical experience, Dr. Gavin Francis delves into the tangled history of psychiatry and the problems that he addresses daily in his patients' lives: mood disorders, trauma, anxiety, and addiction. Expertly reckoning with the historical treatment of mental illness and how it has evolved to reflect our current medical climate, Dr. Francis takes into consideration the multitude of roadblocks for those with mental health challenges, made worse by a system that seeks to benefit corporations, not patients.

Including case studies and conversations with therapists, psychologists, and psychiatrists, Dr. Francis takes a multifaceted approach to the constantly shifting landscape of mental health and makes an argument that centers the mind as something best treated with compassion, flexibility, and curiosity. *The Unfragile Mind* blends experience, history, and contemporary perspectives in a comprehensive assessment of how we can continue to evolve our perception of common—but often invisible—illnesses for the better.

### Contributor Bio

**Gavin Francis, MD**, is a multi-award-winning author and GP who has worked across four continents as a surgeon, emergency physician, and medical officer with the British Antarctic Survey. He is the author of *Sunday Times* bestsellers *Adventures in Human Being*, *Shapeshifters: On Medicine & Human Change*, and *Recovery: The Lost Art of Convalescence*, and has been short-listed for such awards as the Saltire Literary Award for Nonfiction Book of the Year, Costa Book of the Year, and the Ondaatje Prize. His writing also appears in *The Wall Street Journal*, NPR, *The Guardian*, *The Times*, the *London Review of Books*, and he is a regular contributor to *The New York Review of Books*.

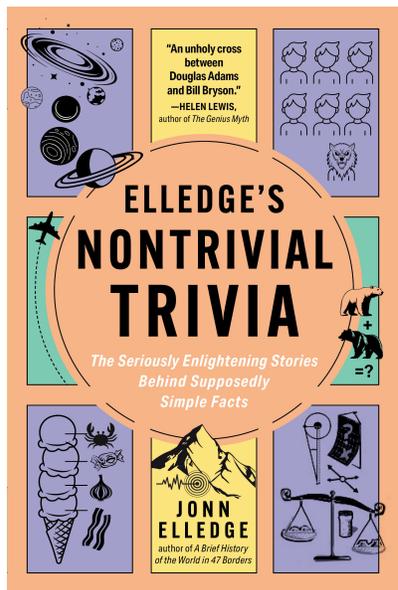
### Quotes

#### Praise for *Recovery*

"Francis sheds nuanced light on an often fraught and private experience, and encourages readers to reimagine illnesses as 'stories of the mind and body' because 'within limits, stories can be rewritten.' Those on the mend may gain the most, but readers of all stripes will find wisdom here."—**Publishers Weekly, starred review**

"We spend too much time thinking about illness and hardly enough thinking about recovery and recuperation. Gavin Francis's literary talent combined with his years as a seasoned medical practitioner make *Recovery* a unique and delightful read."

—**Abraham Verghese**, author of *The Covenant of Water* and *Cutting for Stone*



## Elledge's Nontrivial Trivia

**The Seriously Enlightening Stories Behind Supposedly Simple Facts**

Jonn Elledge

**From the inquisitive mind behind the #1 international bestseller *A Brief History of the World in 47 Borders*, all the facts you didn't know you wanted to know—and the stories of how we've come to know them**

### Summary

In this illuminating compendium of far-ranging information, no topic is too trivial for serious consideration, from how one might determine the most average-size country in the world to the details of humanity's most ridiculous wars and the answer to who would win in a fight between Harry Potter and Spider-Man.

*Elledge's Nontrivial Trivia* covers the breadth and depth of human experience, weaving its way through words and numbers, science and the arts, the spiritual and the secular. It's a feast of facts for a hungry mind, including entries on the cosmos, the human planet (and the lines we draw on it), questions of measurement, history and politics, the natural world, leisure, and many "oddities" that don't fit elsewhere. Bizarre, brilliant, and filled with things you didn't know you didn't know, *Elledge's Nontrivial Trivia* evokes a sense of wonder at the scale of this planet, and the universe in which it sits.

### Contributor Bio

**Jonn Elledge's** books include *A Brief History of the World in 47 Borders*, *The Compendium of (Not Quite) Everything*, and *Conspiracy: A History of Boll\*cks Theories, and How Not to Fall for Them*. At the *New Statesman* he created and ran its urbanism-focused CityMetric site, spending six happy years writing about cities, maps, and borders. He lives in London.

### Quotes

#### Praise for the UK edition

"I loved it. Jonn Elledge is a charming and outstandingly nerdish guide. A big, generous, fascinating book, best dipped into on a rainy Sunday."—**Robert Webb**, comedian, actor, and writer

"I love Jonn Elledge's brain, and his tireless quests to boggle everyone else's. I strongly suggest you hitchhike a ride with this book, which is a travelogue of the weird and wonderful, a galaxy of things in our world and beyond that I simply didn't have a clue about. I am now slightly less clueless, much more entertained, and I briefly understood the Beaufort Scale. That alone causes me to break out the adjective 'indispensable.'"—**Marina Hyde**, *Guardian* columnist

"A hyper-nerdy, tightly written masterpiece. . . . It sucks you in like a fucking tar pit."—**Ian Martin**, writer of *The Thick of It* and *Veep*

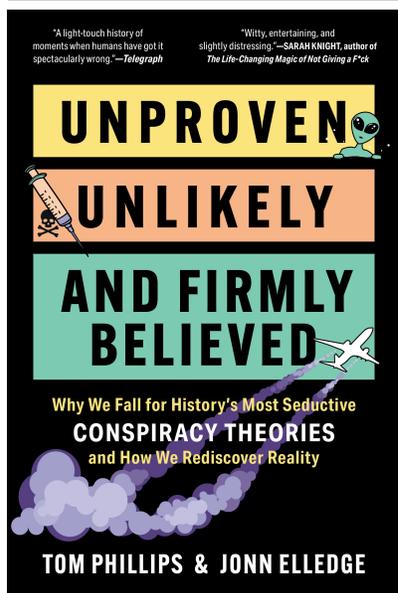
"It sounds like a mess until you realize it's actually the world that is a mess and this fascinating, funny book is the only fixed point of sanity we've got."—**Hugo Rifkind**, columnist for *The Times*

"An unholy cross between Douglas Adams and Bill Bryson, this compendium of strange, funny, and surprising facts is the perfect look book."—**Helen Lewis**, staff writer at *The Atlantic*

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REF023000

8.3 in H | 5.5 in W



## Unproven, Unlikely, and Firmly Believed

### Why We Fall for History's Most Seductive Conspiracy Theories, and How We Rediscover Reality

Jonn Elledge, Tom Phillips

From the internationally bestselling authors of *A Brief History of the World in 47 Borders* (Jonn Elledge) and *Truth and Humans* (Tom Phillips), a fascinating, insightful, often hilarious, and extremely timely journey through conspiracy theories, how they spread, and how not to fall for them

#### Summary

From the Satanic Panic to the anti-vax movement, the moon landing to Pizzagate, it's always been human nature to believe we're being lied to by the powers that be (and sometimes, to be fair, we absolutely are).

But while it can be fun to indulge in a bit of Deep State banter on the group chat, recent times have shown us that some of these theories have taken on a life of their own—and in our dogged quest for the truth, it appears we might actually be doing it some damage.

In *Unproven, Unlikely, and Firmly Believed*, Tom Phillips and Jonn Elledge take us on an eye-opening journey through history's greatest conspiracy theories, to try and answer a vital question for our times: How can we learn to log off the QAnon message boards and start trusting hard evidence again?

#### Contributor Bio

**Jonn Elledge's** books include *A Brief History of the World in 47 Borders*, *The Compendium of (Not Quite) Everything*, and *Conspiracy: A History of Boll\*cks Theories, and How Not to Fall for Them*. At the *New Statesman* he created and ran its urbanism-focused CityMetric site, spending six happy years writing about cities, maps, and borders. He lives in London.

**Tom Phillips** is an author and journalist from London. He is currently the editor of Full Fact, the UK's independent fact checking organization. Before that, he was editorial director at BuzzFeed UK. His book *Humans: A Brief History of How We F\*cked It All Up* (a history of failure through the ages), was published in 2018 and has sold in 30 territories worldwide.

#### Quotes

##### Praise for the UK edition

"Uproarious . . . [Phillips and Elledge] pair the abundant good humor of this book with a warning about the corrosive effects of conspiracy theories."—**The Times**

"Witty, entertaining, and slightly distressing."—**Sarah Knight**, author of *The Life-Changing Magic of Not Giving a F\*ck*

"Brilliant. Utterly, utterly brilliant."—**Jeremy Clarkson**, co-host of BBC's *Top Gear*

"Very funny."—**Mark Watson**, comedian, novelist, and producer

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History / World  
HIS037000  
8.3 in H | 5.5 in W

"This book is a revelation. I can see why so many people all over the world have found in it a path to happiness, self-love, and fulfilling relationships."  
—MARC SHIMOFF, #1 New York Times–bestselling author of *Happy for No Reason*

# OUT FROM YOUR SHADOWS

The Step-by-Step Method for Bringing  
Your Inner Child into the Light



STEFANIE STAHL

The #1 globally bestselling author whose SHADOW CHILD–SUN CHILD model  
has already helped over FOUR MILLION READERS transform their lives



The Experiment  
9798893031263  
On Sale Date: 5/5/2026  
Ship Date: 5/5/2026  
\$18.95/\$24.95 Can.  
Paperback

352 Pages  
Carton Qty: 24  
Self-Help / Personal Growth  
SEL016000

8.3 in H | 5.5 in W

## Out From Your Shadows

The Step-by-Step Method for Bringing Your Inner Child into the Light

Stefanie Stahl

The breakthrough international bestseller about how to befriend your inner child to find happiness

"Compassionate, clear-eyed, and insightful . . . like your own personal therapist that you can carry around with you."—Lori Gottlieb, *New York Times*–bestselling author of *Maybe You Should Talk to Someone*

### Summary

We all long to be accepted and loved for who we really are. Ideally, the trust that we learn as children allows us to open ourselves up to others as adults—but when trauma, societal expectations, or social judgments get in the way, we often end up burying our true selves. In *Out From Your Shadows*, psychologist Stefanie Stahl guides you, step-by-step, through the therapeutic method that has helped millions to reconnect with their inner child and their happiness.

This book will help you discover both your shadow child—the injured, insecure part of yourself full of deep longings and scars—and your sun child, the part of you that is positive, radiant, and joyful. You'll learn which of the shadow child's self-protection strategies you're unconsciously using to shield yourself, and you'll discover how to overcome those negative influences and beliefs.

It's time to befriend your inner child and give yourself the power to resolve conflicts, make your relationships stronger, and find true happiness. Because it's never too late to have a happy childhood, or to let your real step out from behind the shadows and shine.

### Contributor Bio

**Stefanie Stahl** is Germany's best-known psychotherapist. In addition to the therapeutic work she does with clients in her practice, she has written numerous internationally bestselling self-help books. A popular keynote speaker, she is considered a leading expert on the topics of self-esteem and fear of commitment.

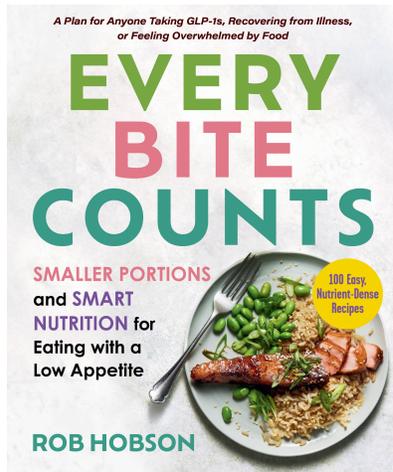
### Quotes

"Compassionate, clear-eyed, and insightful . . . like your own personal therapist that you can carry around with you. [Stefanie Stahl's] paradigm for getting in touch with your inner child puts your truest self within easy reach."—Lori Gottlieb, *New York Times*–bestselling author of *Maybe You Should Talk to Someone*

"[An] insightful exhortation for self-acceptance . . . It's easy to understand why . . . it was the number one bestselling non-fiction title for three consecutive years [in Germany]. . . . A helpful guide that offers lots to think about, combined with practical advice."—*Booklist*

"A fascinating insight into how our childhoods can cause us problems now but how simple exercises can give your inner child back the confidence and clarity we all want."—*Stylist*

"At long last, this million-copy international bestseller is available for English-speaking readers. Clinical psychologist Stefanie Stahl explains how to shed past traumas and societal pressures to uncover your most joyful, most authentic self."—*Next Big Idea Club Magazine*



The Experiment  
9798893031331  
On Sale Date: 5/19/2026  
Ship Date: 5/19/2026  
\$24.95/\$32.95 Can.  
Paperback

224 Pages  
Color photographs and illustrations throughout  
Carton Qty: 18  
Cooking / Health & Healing  
CKB026000  
9 in H | 7.5 in W

## Every Bite Counts

**Smaller Portions and Smart Nutrition for Eating with a Low Appetite - A Plan for Anyone Taking GLP-1s, Recovering from Illness, or Feeling Overwhelmed by Food, with 100 Nutrient-Dense Recipes**

Rob Hobson

**A must-have handbook to fueling your body in the Ozempic era**

**Simple rules and recipes for eating to maintain muscle and manage weight when hunger is low**

### Summary

Whether you're taking GLP-1 medications like Ozempic or Mounjaro or facing appetite loss due to illness, recovery, hormones, or stress, eating well when your appetite just isn't there takes a different kind of strategy.

When food feels like a chore, portions are small, and motivation is low, this book is here to help.

*Every Bite Counts* offers a flexible, practical guide to eating well when you're eating less. With nutrient-rich recipes, smart food pairings, and no-fuss ideas, this book helps you to meet your nutritional needs in fewer bites, without pressure or overwhelm.

Inside you'll find:

- nutrient-dense recipes built around quality, not quantity
- easy, protein-rich meals and snacks tailored to your energy and appetite
- no-cook options and speedy meals for low-effort days
- tools to simplify cooking and boost motivation
- strategies to support immunity, energy, and muscle strength

Low-appetite eating is about eating smarter, when every bite counts and every meal matters.

**Small portions. Big nutrition. Real results.**

### Contributor Bio

**Rob Hobson** is a registered nutritionist working in the UK. With a career spanning nearly two decades, he has contributed hundreds of articles to *Men's Health*, *Runner's World*, *Women's Health*, *Men's Fitness*, the *Daily Mail*, *Style Magazine*, and more. He is the author of *Unprocess Your Life*, *Unprocess Your Family Life*, *The Kitchen Detox Bible*, and *The Art of Sleeping*. He was named the 2022 Health Journalist of the Year by the Health Food Manufacturers' Association.

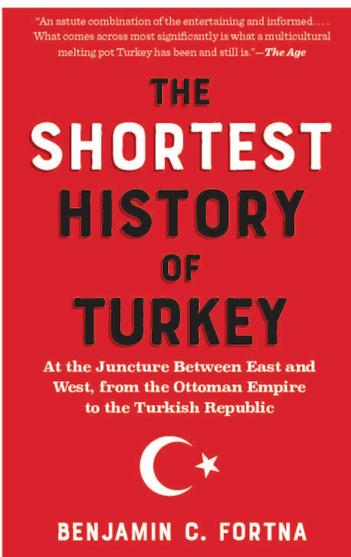
### Quotes

#### Praise for *Unprocess Your Life*

"This brilliant book is the answer for anyone wanting to make a profound shift away from eating ultra-processed foods, but just doesn't know where to start."

—**Dr. Hilary Jones**

"If every household in the UK had a copy of this book, it could change the health of the nation and save the NHS billions. I wish I could prescribe it!"—**Dr. Dawn Harper**



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9798893031232  
On Sale Date: 6/2/2026  
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\$16.95/\$21.95 Can.  
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256 Pages  
Black-and-white images  
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Carton Qty: 38  
History / Middle East  
HIS055000  
Series: The Shortest History Series  
7.8 in H | 5.1 in W

## The Shortest History of Turkey

**At the Juncture Between East and West, from the Ottoman Empire to the Turkish Republic**

Benjamin C. Fortna

**From the Ottoman Empire to today's authoritarian regime, the story of a nation caught between Islamic traditions and pressures to westernize**

### Summary

This brilliant distillation traces Turkey's long and complicated history from the rise and decline of the Ottoman Empire – the most enduring, and perhaps the most important, Islamic empire in history – to the emergence of the modern Turkish Republic in the early twentieth century and the populist, authoritarian leadership of President Recep Tayyip Erdogan today.

Over more than nine centuries of change, Turkey has been a cultural melting pot, straddling Asia and Europe, and a nation-state bent on ethnic unity. It has seen conquest and reform, appeals to tradition and calls to modernise. It has been a home to Christians, Jews, Muslims and more, and it has aggressively pursued both secularisation and Islamisation.

In *The Shortest History of Turkey*, historian Benjamin Fortna offers a concise yet nuanced overview of this complex trajectory, revealing how persistent tensions between opposing visions for Turkey have shaped, and continue to shape, the country and its people.

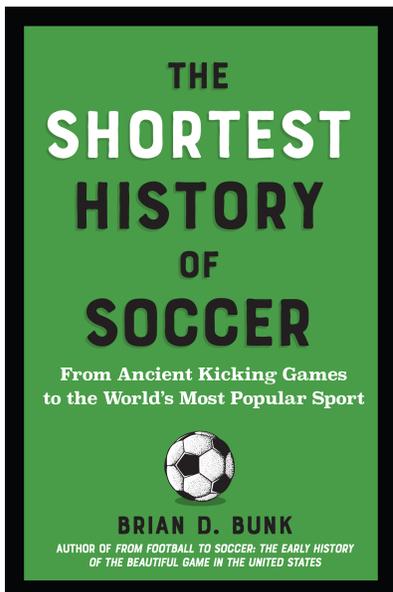
### Contributor Bio

**Benjamin C. Fortna** is professor of history and director of the School of Middle Eastern and North African Studies at the University of Arizona and formerly professor of the history of the Middle East, SOAS, at the University of London. He received his degrees from Yale, Columbia, and the University of Chicago, and has published numerous books on the Ottoman Empire, the early Turkish Republic, and modern Turkey. He has appeared on the BBC programs *Who Do You Think You Are?* and *The Ottomans: Europe's Muslim Emperors*. He lives in Tucson, AZ.

### Quotes

"[An] astute combination of the entertaining and informed. . . . What comes across most significantly is what a multicultural melting pot Turkey has been and still is."

—*The Age*



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Paperback

256 Pages  
Black and white images  
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Carton Qty: 38  
Sports & Recreation / Soccer  
SPO040000  
Series: The Shortest History Series  
7.8 in H | 5.1 in W

## The Shortest History of Soccer

**From Ancient Kicking Games to the World's Most Popular Sport**

Brian D. Bunk

**For sports fans and history buffs alike and just in time for the 2026 FIFA World Cup, this accessible guide to the evolution of soccer—from ancient traditions to sold-out stadiums—shows just how much influence on politics, economics, and popular culture one sport can have**

### Summary

In 2026, the FIFA World Cup will return to North America for the first time since 1994, bringing the world's most watched sporting event to a nation of people more obsessed with soccer than ever before. With the proliferation of Emmy-winning television series set in and around the world of soccer—like *Ted Lasso* and *Welcome to Wrexham*—and the celebrity ownership of teams by everyone from Ryan Reynolds to Elton John, soccer has skyrocketed in its international appeal. How did this game go from an upper-class pastime to one of the world's most inclusive, commercial, and political sports?

Sports historian Brian D. Bunk takes readers on a journey from soccer's humble roots in nineteenth-century England to its meteoric rise in popular culture, tracing the game through time and space. Drawing on key historical and contemporary events, from World Cup boycotts to fights on the pitch, Bunk crafts a concise yet comprehensive history of the sport as an influence that continues to be felt around the world. *The Shortest History of Soccer* provides a helpful compendium for history buffs and soccer fans alike, helping to shape our perception of economics, politics, and the kind of indescribable camaraderie that only sports can provide.

### Contributor Bio

**Brian D. Bunk** is an author and a professor at the University of Massachusetts Amherst who regularly teaches on world history, modern Europe, and the history of sport. His courses on the global history of soccer and sport reflect his research focused on the history of soccer in the United States, which was the subject of his first book, *From Football to Soccer: The Early History of the Beautiful Game in the United States*, and his most recently published book, *Beyond the Field: How Soccer Built Community in the United States*.

### Quotes

#### **Praise for *From Football to Soccer***

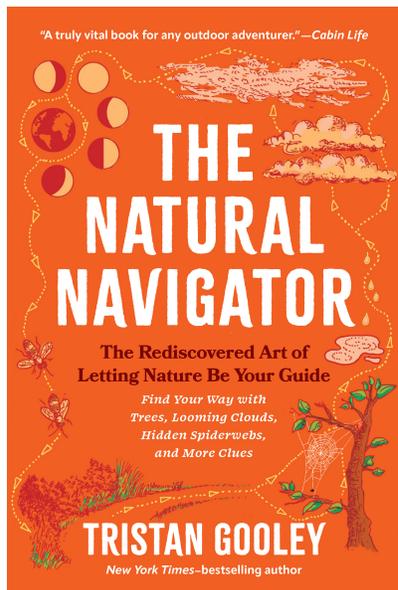
"As soccer grows in popularity today, Brian Bunk shows that it has been part of the sporting scene for many centuries. This book is essential reading for historians of sport, and an absorbing read for the casual soccer/football fan."—**Stefan Szymanski**, coauthor of *Soccernomics*

"From *Football to Soccer* is the best kind of sport history. It effectively places soccer's story into larger social contexts while meticulously documenting source material."—**American Historical Review**

"An excellent addition. . . *From Football to Soccer* undoubtedly adds much to the historiography of soccer in the United States."—**Journal of Popular Culture**

"An impressive volume which does not claim to be the final word on US soccer history, and gives historians potential new avenues and approaches towards the subject matter."—**Idrottsforum**

"An important addition to the publisher's Sport and Society series. . . . Recommended."—**Choice**



## The Natural Navigator (3rd Edition)

The Rediscovered Art of Letting Nature Be Your Guide

Tristan Gooley

“The Sherlock Holmes of nature.”—BBC

From the *New York Times*–bestselling author of *How to Read a Tree* and *The Lost Art of Reading Nature’s Signs*, rediscover nature by noticing the hidden clues all around you

“A truly vital book for any outdoor adventurer.”—*Cabin Life*

“One of the most skilled navigators on the planet.”—*Smithsonian*

### Summary

Before GPS, before the compass, and even before cartography, humankind was navigating. A windswept tree, the depth of a puddle, or a trill of birdsong could point the way home, and they still do—if you know how to look.

With *The Natural Navigator*, his first book, Tristan Gooley invited us to notice the directional clues hidden all around: in the sun, moon, stars, clouds, weather patterns, lengthening shadows, changing tides, growing plants, and habits of wildlife. A decade after publication, this modern classic still reminds us that we can find south by joining the horns of the crescent moon—and find adventure in our own backyards.

### Contributor Bio

**Tristan Gooley** is the *New York Times*–bestselling author of *How to Read Water*, *How to Read Nature*, *The Natural Navigator*, *The Lost Art of Reading Nature’s Signs*, *The Secret World of Weather*, *The Nature Instinct*, *How to Read a Tree*, and *The Hidden Seasons*. He has led expeditions on five continents, climbed mountains in three, and is the only living person to have both flown and sailed solo across the Atlantic. His more than two decades of pioneering outdoor experience include research among tribal peoples in some of the remotest regions on Earth. He is a Fellow of the Royal Institute of Navigation and the Royal Geographical Society, a vice-chairman of Trailfinders, and he runs the world’s only school of natural navigation.

### Quotes

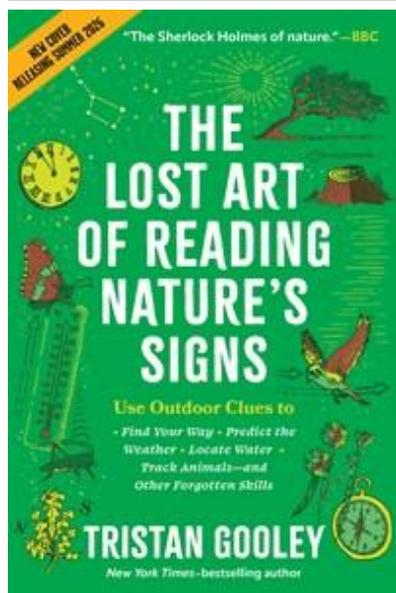
“One of the most skilled navigators on the planet. . . . Tristan Gooley helps millions of followers read nature’s clues to find their way back home.”—*Smithsonian*

“Eagle Scouts don’t hold a candle or compass to Gooley, a professional outdoorsman if there ever was one and an engaging proponent of navigation au naturelle in this compelling guide. Readers will learn how to evaluate clues in nature—from stars in the night sky to evaporating puddles underfoot—to discover where they are and how to get where they need to go. Gooley’s particular spin is that this subject is not just about survival skills; it’s an art form that can reveal to anyone willing to look hard enough the beauty and utility of nature’s patterns. It is, he writes, ‘about reintroducing a childlike curiosity to the journey.’ But it is also about applying discipline and scientific rigor to how we move through the world. Chockfull of incredibly useful information ranging from the simple (e.g., how to make a sun dial) to the more complex (e.g., how to outline the sun’s arc based on latitude), this book will appeal to veteran trailblazers and cautious nature-lovers alike. Indeed, for those prone to stick to the Discovery Channel rather than venture afoot, Gooley’s personal travel anecdotes alone are enough to make this worth a read. Inexperienced hikers will nevertheless want to keep a compass handy on their next outing, but with Gooley’s tome in tow, the journey will be all the more rewarding.”—*Publishers Weekly*



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Skills  
SPO030000  
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8.3 in H | 5.5 in W



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Paperback

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77 B&W illustrations  
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Skills  
SPO030000  
Series: Natural Navigation  
8.3 in H | 5.5 in W | 1.2 in T | 0.9  
lb Wt

## The Lost Art of Reading Nature's Signs

Use Outdoor Clues to Find Your Way, Predict the Weather, Locate Water, Track Animals—and Other Forgotten Skills

Tristan Gooley

"The Sherlock Holmes of nature."—BBC

Turn every walk into a game of detection—with master outdoorsman **Tristan Gooley**, *New York Times*—bestselling author of *How to Read a Tree* and *The Natural Navigator*

"The world's least lost wanderer. . . . Tristan's forever stopping, examining, trying to solve the riddles that nature sets in front of him."—*Smithsonian*

### Summary

When writer and navigator Tristan Gooley journeys outside, he sees a natural world filled with clues. The roots of a tree indicate the sun's direction; the Big Dipper tells the time; a passing butterfly hints at the weather; a sand dune reveals prevailing wind; the scent of cinnamon suggests altitude; a budding flower points south. To help you understand nature as he does, Gooley shares more than 850 tips for forecasting, tracking, and more, gathered from decades spent walking the landscape around his home and around the world. Whether you're walking in the country or city, along a coastline, or by night, this is the ultimate resource on what the land, sun, moon, stars, plants, animals, and clouds can reveal—only if you know how to look!

Publisher's Note: *The Lost Art of Reading Nature's Signs* was previously published in the UK under the title *The Walker's Guide to Outdoor Clues and Signs*.

### Contributor Bio

**Tristan Gooley** is the *New York Times*—bestselling author of *How to Read Water*, *How to Read Nature*, *The Natural Navigator*, *The Lost Art of Reading Nature's Signs*, *The Secret World of Weather*, *The Nature Instinct*, *How to Read a Tree*, and *The Hidden Seasons*. He has led expeditions on five continents, climbed mountains in three, and is the only living person to have both flown and sailed solo across the Atlantic. His more than two decades of pioneering outdoor experience include research among tribal peoples in some of the remotest regions on Earth. He is a Fellow of the Royal Institute of Navigation and the Royal Geographical Society, a vice-chairman of Trailfinders, and he runs the world's only school of natural navigation.

### Quotes

**Sunday Times Top 10 Bestseller**

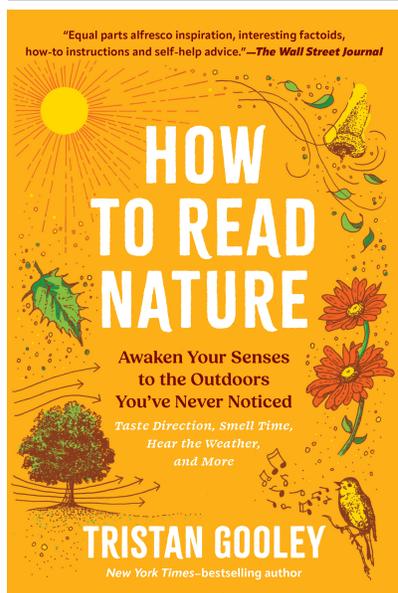
**Winner of the Outdoor Book of the Year, The Great Outdoors Awards 2015  
INDIEFAB Honorable Mention for Adventure & Recreation 2015**

"Gooley interprets clues like a private investigator of the wilds, leaving no stone unturned. . . . For those inclined to solve mysteries written into the landscape, this author's lead is one they'll want to follow."—*The Wall Street Journal*

"The world's least lost wanderer. . . . Tristan's forever stopping, examining, trying to solve the riddles that nature sets in front of him."—*Smithsonian*

"The Sherlock Holmes of nature."—*BBC*

"[Gooley] has become the global expert on natural navigation, finding his way around the world using nothing but natural clues and pointers. His discovery (made on a sailing expedition to Iceland)—that if, when at sea, you see more than 10 birds in any given five minute window this means you are within 40 miles of land—has become part of the British military's survival guidance."—*The Daily Beast*



The Experiment  
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\$16.95/\$21.95 Can. Paperback

176 Pages  
16 B&W photos and illustrations  
Carton Qty: 28  
Sports & Recreation / Walking  
SPO050000  
Series: Natural Navigation  
8.3 in H | 5.3 in W

## How to Read Nature

**Awaken Your Senses to the Outdoors You've Never Noticed**

Tristan Gooley

**"The Sherlock Holmes of nature."—BBC**

**Hone your senses and learn to read the hidden signs of nature—with master outdoorsman Tristan Gooley, *New York Times*—bestselling author of *How to Read a Tree* and *The Lost Art of Reading Nature's Signs***

**"Equal parts alfresco inspiration, interesting factoids, how-to instructions and self-help advice."—*The Wall Street Journal***

### Summary

When most of us go for a walk, a single sense—sight—tends to dominate our experience. But when *New York Times*—bestselling author and expert navigator Tristan Gooley goes for a walk, he uses all five senses to "read" everything nature has to offer. A single lowly weed can serve as his compass, calendar, clock, and even pharmacist.

*In How to Read Nature*, Gooley introduces readers to *his* world—where the sky, sea, and land teem with marvels. Plus, he shares 15 exercises to sharpen *all* of your senses. Soon you'll be making your own discoveries, every time you step outside!

### Contributor Bio

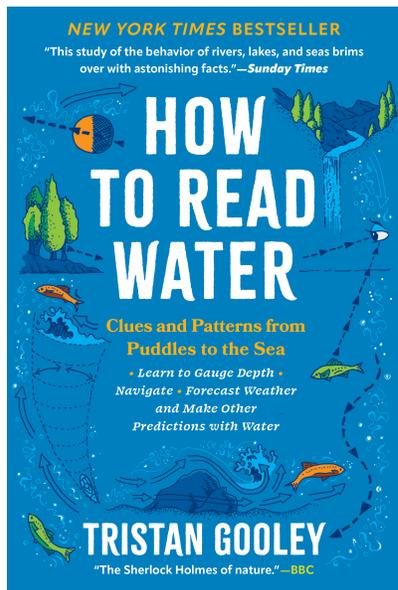
**Tristan Gooley** is the *New York Times*—bestselling author of *How to Read Water*, *How to Read Nature*, *The Natural Navigator*, *The Lost Art of Reading Nature's Signs*, *The Secret World of Weather*, *The Nature Instinct*, *How to Read a Tree*, and *The Hidden Seasons*. He has led expeditions on five continents, climbed mountains in three, and is the only living person to have both flown and sailed solo across the Atlantic. His more than two decades of pioneering outdoor experience include research among tribal peoples in some of the remotest regions on Earth. He is a Fellow of the Royal Institute of Navigation and the Royal Geographical Society, a vice-chairman of Trailfinders, and he runs the world's only school of natural navigation.

### Quotes

**2017 Foreword INDIES Bronze Winner**

"A superior book [with] 15 get-the-heck-outside exercises intended to spur readers down the path of observation. . . . A wondrous, veritable how-to guide for 'waking up.'"  
—***Library Journal***

"The Sherlock Holmes of nature."—***BBC***



## How to Read Water

Clues and Patterns from Puddles to the Sea

Tristan Gooley

**A New York Times Bestseller**

**A Forbes Top 10 Conservation and Environment Book of 2016**

**Read the sea like a Viking and interpret ponds like a Polynesian—with a little help from expert navigator Tristan Gooley, *New York Times*–bestselling author of *How to Read a Tree* and *The Lost Art of Reading Nature’s Signs***

### Summary

In his eye-opening books *The Lost Art of Reading Nature’s Signs* and *The Natural Navigator*, Tristan Gooley helped readers reconnect with nature by finding direction from the trees, stars, clouds, and more. Now, he turns his attention to our most abundant—yet perhaps least understood—resource.

Distilled from his far-flung adventures—sailing solo across the Atlantic, navigating with Omani tribespeople, canoeing in Borneo, and walking in his own backyard—Gooley shares hundreds of techniques in *How to Read Water*. Readers will:

- Find north using puddles
- Forecast the weather from waves
- Decode the colors of ponds
- Spot dangerous water in the dark
- Decipher wave patterns on beaches, and more!

### Contributor Bio

**Tristan Gooley** is the *New York Times*–bestselling author of *How to Read Water*, *How to Read Nature*, *The Natural Navigator*, *The Lost Art of Reading Nature’s Signs*, *The Secret World of Weather*, *The Nature Instinct*, *How to Read a Tree*, and *The Hidden Seasons*. He has led expeditions on five continents, climbed mountains in three, and is the only living person to have both flown and sailed solo across the Atlantic. His more than two decades of pioneering outdoor experience include research among tribal peoples in some of the remotest regions on Earth. He is a Fellow of the Royal Institute of Navigation and the Royal Geographical Society, a vice-chairman of Trailfinders, and he runs the world’s only school of natural navigation.

### Quotes

**A New York Times Bestseller**

**A Forbes Top 10 Conservation and Environment Book of 2016**

**Foreword INDIES Bronze Winner 2016**

**A Sunday Times “Must Read” book**

“Mr. Gooley misses little in his paean to Earth’s most abundant resource. . . . He starts small, at a mud puddle watching ripples fan out from a pebble drop, and ends big, in the frigid reaches of the Arctic Sea. Along the way he asks and answers many questions. If you like water, as I do, you will learn a lot.”—***The Wall Street Journal***

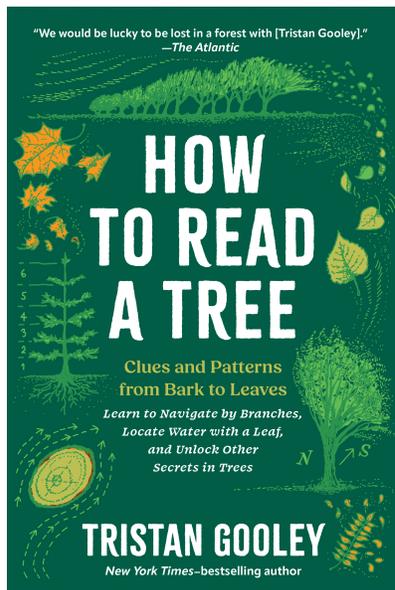
“The Sherlock Holmes of nature.”—**BBC**

“[Gooley’s] detailed observations are breathtaking as he patiently explains *how to see*. Jam-packed with information, birders, naturalists, hikers, hunters, and anyone interested in the natural world will find much of use.”—**Forbes**

“Gooley is your man. . . . With unflappable practicality, he shares simple ways to understand your surroundings, whether you’re beside a stream or on the open sea at night, without instruments.”—**Discover**

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400 Pages  
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Nature / Ecosystems & Habitats  
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Carton Qty: 28  
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NAT034000  
Series: Natural Navigation  
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## How to Read a Tree

Clues and Patterns from Bark to Leaves

Tristan Gooley

“The Sherlock Holmes of Nature.”—BBC

“Reams of appealing facts make one itch to get outside and right up close to trees’ rough surfaces and shady cover.”—*The Atlantic*

*New York Times*–bestselling author Tristan Gooley opens our eyes to the secret language of trees—and the natural wonders they reveal all around us

### Summary

Trees are keen to tell us so much. They’ll tell us about the land, the water, the people, the animals, the weather, and time. And they will tell us about their lives, the good bits and bad. Trees tell a story, but only to those who know how to read it.

In *How to Read a Tree*, Gooley uncovers the clues hiding in plain sight: in a tree’s branches and leaves; its bark, buds, and flowers; even its stump. Leaves with a pale, central streak mean that water is nearby. Young, low-growing branches show that a tree is struggling. And reddish or purple bark signals new growth.

Like snowflakes, no two trees are exactly the same. Every difference reveals the epic story *this* tree has lived—if we stop to look closely.

### Contributor Bio

**Tristan Gooley** is the *New York Times*–bestselling author of *How to Read Water*, *How to Read Nature*, *The Natural Navigator*, *The Lost Art of Reading Nature’s Signs*, *The Secret World of Weather*, *The Nature Instinct*, *How to Read a Tree*, and *The Hidden Seasons*. He has led expeditions on five continents, climbed mountains in three, and is the only living person to have both flown and sailed solo across the Atlantic. His more than two decades of pioneering outdoor experience include research among tribal peoples in some of the remotest regions on Earth. He is a Fellow of the Royal Institute of Navigation and the Royal Geographical Society, a vice-chairman of Trailfinders, and he runs the world’s only school of natural navigation.

### Quotes

**Sunday Times Top 10 Bestseller**  
**An Indie Bestseller**  
**2023 Foreword INDIES Finalist**

“The trees and the woods will never look the same again.”—*Smithsonian*

“This book will make wise naturalists out of us yet.”—*The Globe and Mail*

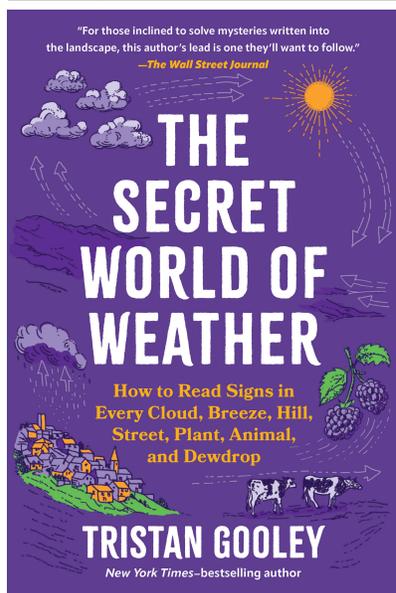
“An important book and a pleasure to read.”—**Raynor Winn**, author of *The Salt Path*

“We would be lucky to be lost in a forest with [Tristan Gooley]. Not just to find our way out—something he could surely help with—but to find our way in: to see what the trees are telling us about the Earth we all find ourselves a part of.”—*The Atlantic*

“Gooley interprets clues like a private investigator of the wilds. . . . For those inclined to solve mysteries written into the landscape, this author’s lead is one they’ll want to follow.”—*The Wall Street Journal*

“The Sherlock Holmes of Nature.”—*BBC*

“*How to Read a Tree* is so packed with information . . . it will undoubtedly leave you with a deeper appreciation of trees. . . . Your country walks will never be quite the same again.”—*Daily Mail*



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## The Secret World of Weather

**How to Read Signs in Every Cloud, Breeze, Hill, Street, Plant, Animal, and Dewdrop**

Tristan Gooley

**Learn to “see” the forecast in the hidden weather signs all around you—with the *New York Times*—bestselling author of *How to Read a Tree* and *The Lost Art of Reading Nature’s Signs***

### Summary

In *The Secret World of Weather*, bestselling author Tristan Gooley turns his gaze up to the sky, bringing his signature brand of close observation and eye-opening deduction to the fascinating world of weather. Every cloud, every change in temperature, every raindrop, every sunbeam, every breeze reveals something about our weather—if you know what to look for. Before you know it, you’ll be able to forecast impending storms, sunny days, and everything in between, all without needing to consult your smartphone.

But *The Secret World of Weather* goes far beyond mere weather prediction, changing the very way we think about weather itself. Weather is not something that blankets an area; rather, it changes constantly as you walk through woods or turn down a street. The weather is never identical on two sides of a tree—or even beneath it. Take, for example, Gooley’s remarkable discovery that breezes accelerate beneath a tree. To Gooley, this is “weather,” a tiny microclimate that explains why people sit beneath a tree to cool down—not only for the shade but, subconsciously, for cooler breeze. And so Gooley shows us not only what the weather will be like five days from now, but also what to expect about the weather around every corner.

By carefully observing the subtle interplay of wind, cloud, fog, temperature, rain, and many other phenomena, we not only form a deeper understanding of weather patterns, but also unlock secrets about our environment. Weather forms our landscape, and landscape forms our weather. Everything we see in the sky reflects where we are. When we learn to read weather’s signs, Gooley shows us, the weather becomes our map, revealing to us how it has made our towns, cities, woods, and hills what they are. You’ll never see your surroundings the same way again.

### Contributor Bio

**Tristan Gooley** is the *New York Times*—bestselling author of *How to Read Water*, *How to Read Nature*, *The Natural Navigator*, *The Lost Art of Reading Nature’s Signs*, *The Secret World of Weather*, *The Nature Instinct*, *How to Read a Tree*, and *The Hidden Seasons*. He has led expeditions on five continents, climbed mountains in three, and is the only living person to have both flown and sailed solo across the Atlantic. His more than two decades of pioneering outdoor experience include research among tribal peoples in some of the remotest regions on Earth. He is a Fellow of the Royal Institute of Navigation and the Royal Geographical Society, a vice-chairman of Trailfinders, and he runs the world’s only school of natural navigation.

### Quotes

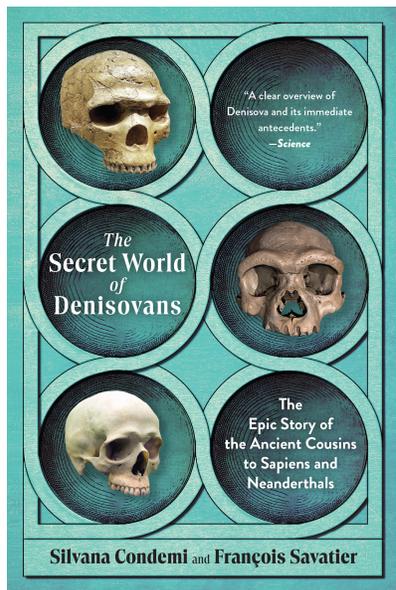
**A National Indie Favorite**

**An Indie Next Pick**

**One of The *Telegraph*’s Best Books of 2021**

“Gooley marshals a riveting compendium of weather-reading skills. . . . He has plenty of facts at his fingertips with which to excite.”—***The Times***

“[An] ingenious collection of tips and tricks for analyzing and anticipating weather phenomena. . . . The wealth of wisdom on offer is impressive. Adventurers in the making will find this worth returning to.”—***Publishers Weekly***



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8.3 in H | 5.5 in W

## The Secret World of Denisovans

The Epic Story of the Ancient Cousins to Sapiens and Neanderthals

Silvana Condemi, François Savatier

For everyone interested in prehistory—an unprecedented, meticulously reported account of our prehistoric ancestors, the recently discovered “Third Man” cousins to Sapiens and Neanderthals

### Summary

In December 2010, scientists discovered a fragment of a finger bone in the remote, isolated Denisova Cave in Siberia. To their surprise, the bone contained neither *Homo sapiens* nor Neanderthal DNA. Rather, the fast-advancing science of paleogenetics revealed that the DNA came from a previously unknown species of hominids—the Denisovans (as they almost immediately came to be called)—who shared a common ancestor with both Neanderthals and *Homo sapiens*.

This first and subsequent Denisovan fossil discoveries required paleoanthropologists, including world-leading researcher and author Silvana Condemi, to reconsider their understanding of our ancestors and their successive prehistoric migrations out of Africa and into and throughout Eurasia tens of thousands of years ago.

Leading us through the excavation of Denisova Cave, the sequencing of the Denisovan genome, and recent fossil research, Condemi and her coauthor, science journalist François Savatier, explore how the Denisovans migrated throughout Asia and with whom they interacted along the way, as well as the comparisons and divergences between the evolutionary processes of Denisovans and our other ancestor cousins, Neanderthals. They help us to understand and appreciate how today’s inhabitants of East Asia—from Siberia to the Philippines—carry up to 5 percent of Denisovan DNA, and they revise the epic story of our ancient human ancestors’ immense journeys as they peopled our planet.

### Contributor Bio

**Silvana Condemi**, a world-leading paleoanthropologist, is the research director of CNRS, the largest French public scientific research organization, at Aix-Marseille University. She is the coauthor of *A Pocket History of Human Evolution* and *The Secret World of Denisovans*.

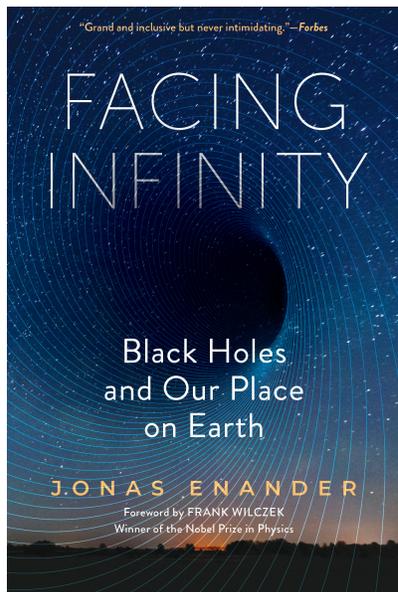
**François Savatier** is a journalist for the magazine *Pour la Science* (the French edition of *Scientific American*), where he focuses on the science of the past. He is the co-author of *A Pocket History of Human Evolution* and *The Secret World of Denisovans*.

### Quotes

“Defined by their DNA rather than by their physical appearance, the Denisovans present us with the ultimate mystery of human evolution. In their entertaining new book Silvana Condemi and François Savatier painstakingly assemble everything we currently know about these shadowy extinct relatives and boldly paint a picture of them as they may have been in life.”—**Ian Tattersall**, author of *Understanding Human Evolution*

“A clear overview of Denisova and its immediate antecedents.”—**Science**

“Condemi and Savatier bring together everything we know about this enigmatic human, allowing readers to get to know our ancient cousin species. The result is part primer, part detective story. But more than that, it’s a reminder that even our oldest assumptions about human history can be overturned and rewritten.”—**Big Think**



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Science / Physics  
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5.8 in H | 4.1 in W

## Facing Infinity

### Black Holes and Our Place on Earth

Jonas Enander, Nichola Smalley, Frank Wilczek

**A fresh, fascinating, up-to-the-moment appraisal of black holes—the massive astronomical objects with a gravitational pull so strong that nothing can escape them, not even light—situating them at the center of our understanding of our place on Earth and in the universe**

### Summary

Humanity's relationship with black holes began in 1783 in a small English village, when clergyman John Michell posed a startling question: What if there are objects in space that are so large and heavy that not even light can escape them? Almost 250 years later, in April 2019, scientists presented the first picture of a black hole. Profoundly inspired by that image, physicist Jonas Enander has traveled the world to investigate how our understanding of these elusive celestial objects has evolved since the days of Michell.

With the particular goal of discovering our *human* connection to black holes, Enander visits telescopes and observatories, delves deeply into archives, and interviews over 20 world-leading experts, including several Nobel laureates. With *Facing Infinity*, he takes us on a spellbinding journey into the universe's greatest mystery, deciphers the most mind-bending science, and answers questions surrounding how black holes work, where they come from, and what role they play in the universe.

Along the way Enander discovers how our desire to understand black holes inadvertently paved the way for the invention of Wi-Fi and the calibration of our global navigation satellites, how astronomical discovery became entangled with colonial conflicts, and how our looking outward gave us critical evidence of the impact of climate change. *Facing Infinity* helps us appreciate and understand as never before these mysterious celestial objects and our surprising connections to them.

### Contributor Bio

**Jonas Enander, PhD**, is a science writer and communicator with a background in cosmology and astrophysics. His previous research focused on dark matter and Einstein's theory of general relativity. He has worked as a physics teacher at the KTH Royal Institute of Technology in Stockholm and as a science communicator at the Oskar Klein Centre, also in Stockholm, and participated in the construction of the IceCube Neutrino Observatory at the South Pole. He hosts the podcasts *Spacetime Fika* (in English) and *Rumtiden* (in Swedish).

**Frank Wilczek** won the Nobel Prize in Physics in 2004 for work he did as a graduate student. He was among the earliest MacArthur fellows, and has won many awards both for his scientific work and his writing. He is the author of *A Beautiful Question*, *The Lightness of Being*, *Fantastic Realities*, *Longing for the Harmonies*, *Fundamentals*, and hundreds of articles in leading scientific journals. His "Wilczek's Universe" column appears regularly in *The Wall Street Journal*. Wilczek is the Herman Feshbach Professor of Physics at the Massachusetts Institute of Technology, founding director of the T. D. Lee Institute and chief scientist at the Wilczek Quantum Center in Shanghai, China, and a distinguished professor at Arizona State University and Stockholm University.

### Quotes

"*Facing Infinity* is an especially attractive introduction to a wonderfully attractive subject."—from the foreword by **Frank Wilczek**, winner of the Nobel Prize in Physics and author of *Fundamentals* and *A Beautiful Question*

"A thorough book, grand and inclusive but never intimidating. Indeed, Enander's writing is so accessible that, at times, he seems like a travel writer who just so happens to speak the local language."—**Forbes**



How to Understand and Deal with  
**ADHD**

CHARITY O'REILLY, LPC  
coauthor of *You Will Get Through This*  
TOM O'REILLY



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Series: How to Understand and  
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5.8 in H | 4.1 in W

## How to Understand and Deal with ADHD

### Everything You Need to Know

Charity O'Reilly, Tom O'Reilly

**A practical, supportive, and easy-to-read guide to help you understand and manage ADHD, filled with helpful tips and actionable advice**

### Summary

Feeling overwhelmed? This little book is here to help.

*How to Understand and Deal with ADHD* is a friendly, accessible guide with all the information and advice you need to identify the source of your struggles and take practical steps to reduce or manage the burden of your symptoms. By learning the science behind ADHD and understanding how it affects your mind and body, you'll start to dismantle its hold on you. And with practical ways to manage its signs—including physical, medical, and therapeutic perspectives—this book will help you support your mental health and improve your overall well-being.

After reading this book, you will:

- Understand the science behind ADHD, how it manifests, what causes it, and how to identify symptoms and triggers
- Gain practical steps you can take to alleviate ADHD symptoms, from healthy lifestyle choices to problem-solving techniques and coping mechanisms
- Have a host of holistic remedies up your sleeve for when ADHD strikes, such as mindfulness, visualization, and breathwork
- Know about the medical treatments and therapies available, and know how and when to seek professional help or support

With the right knowledge and guidance, you can learn to manage ADHD and get back to feeling like yourself again.

### Contributor Bio

**Charity O'Reilly, LPC**, is a licensed professional counselor specializing in trauma therapy. She provides intensive trauma therapy for trauma survivors and trains and consults with therapists on trauma informed practice. She is certified in eye movement desensitization and reprocessing (EMDR) therapy, trauma-focused cognitive behavioral therapy (TF-CBT), and trauma processing yoga.

**Tom O'Reilly** is an ADHD and burnout coach who takes a parts-work approach with his clients. He's trained in Internal Family Systems-based couples therapy and has a certification in somatic embodiment and regulation. He was diagnosed with ADHD at age twenty-eight.

### Quotes

#### **Praise for *You Will Get Through This***

"A ready resource for readers who want to take care of their mental health. . . . Provides a concise but broad overview and guidance for getting help for more than 20 mental health conditions. . . . A staple that provides hope for wellness-minded readers."—**Library Journal**, starred review and a Best Reference Book (2025)

"A valuable and up-to-date resource for people seeking mental health first aid for themselves or loved ones."—**Family Medicine**

"Rooted in psychotherapy, this helpful book is filled with research and practical approaches for coping with a wide variety of mental health conditions. It also covers important topics like how to talk about mental health struggles with others. A great resource for families."—**Ken Duckworth, MD**, chief medical officer of the National Alliance on Mental Illness



## How to Understand and Deal with Anger

### Everything You Need to Know

Julie Radico

**A practical, supportive, and easy-to-read guide to help you understand and manage anger, filled with helpful tips and actionable advice**

### Summary

Feeling overwhelmed? This little book is here to help.

*How to Understand and Deal with Anger* is a friendly, accessible guide with all the information and advice you need to identify the source of your struggles and take practical steps to reduce or manage the burden of your symptoms. By learning the science behind anger and understanding how it affects your mind and body, you'll start to dismantle its hold on you. And with practical ways to manage its signs—including physical, medical, and therapeutic perspectives—this book will help you support your mental health, save your relationships, and improve your overall well-being.

After reading this book, you will:

- Understand the science behind anger, how it manifests, what causes it, and how to identify symptoms and triggers
- Gain practical steps you can take to prevent anger outbursts, from proactive self-care to problem-solving techniques and coping mechanisms
- Have a host of holistic remedies up your sleeve for when anger rears up, such as mindfulness, visualization, and breathwork
- Know about the medical treatments and therapies available, and know how and when to seek professional help or support

With the right knowledge and guidance, you can learn to manage anger and get back to feeling like yourself again.

### Contributor Bio

**Julie Radico, PsyD, ABPP**, is a board-certified clinical health psychologist with ten years of experience working in primary care settings. In 2023, she opened an independent consulting, coaching, and therapy practice. She earned her doctoral degree in clinical psychology and master's degrees in clinical psychology and counseling and clinical health psychology at the Philadelphia College of Osteopathic Medicine.

### Quotes

#### Praise for *You Will Get Through This*

"A ready resource for readers who want to take care of their mental health. . . . Provides a concise but broad overview and guidance for getting help for more than 20 mental health conditions. . . . A staple that provides hope for wellness-minded readers."—**Library Journal**, starred review and a Best Reference Book (2025)

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"This book is beautiful, forensic, educational, and important."—**Elizabeth Gilbert**, *New York Times* bestselling author

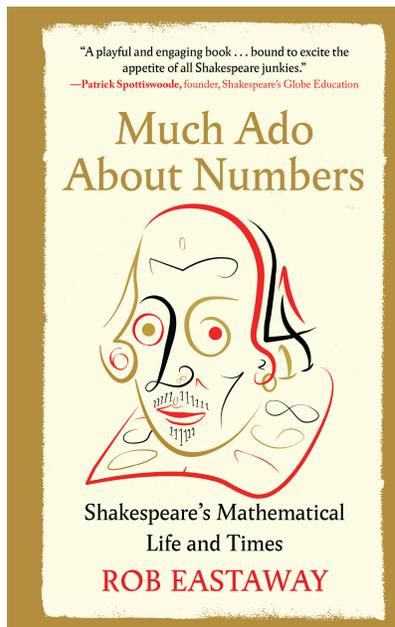
How to Understand and Deal with  
**Anger**

JULIE RADICO, PSYD, ABPP  
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128 Pages  
Carton Qty: 48  
Self-Help / Self-Management  
SEL033000  
Series: How to Understand and  
Deal with...Series  
5.8 in H | 4.1 in W



The Experiment  
 9798893031256  
 On Sale Date: 4/21/2026  
 Ship Date: 4/21/2026  
 \$15.95/\$21.00 Can.  
 Paperback

224 Pages  
 43 black-and-white illustrations  
 Carton Qty: 36  
 Literary Criticism / Shakespeare  
 LIT015000

8.3 in H | 5.5 in W

## Much Ado About Numbers

### Shakespeare's Mathematical Life and Times

Rob Eastaway

**Open a new portal into Shakespeare's words—and his Renaissance life—with math and numbers as your key.**

#### Summary

Shakespeare's era was abuzz with mathematical progress, from the new concept of "zero" to Galileo's redraft of the heavens. Now, Rob Eastaway uncovers the many surprising ways math shaped Shakespeare's plays—and his world—touring astronomy, code-breaking, color theory, navigation, music, sports, and more.

- How reliable was a pocket sundial?
- Was math illusionist John Dee the real-life Prospero?
- How long was a Scottish mile, and what could you buy for a groat?
- Do Jupiter's moons have a cameo in *Cymbeline*?
- How did ordinary people use numbers day-to-day?
- And might Shakespeare have tried that game-changing invention—the pencil?

Full of delights for devotees of both Tudor history and the Bard, *Much Ado About Numbers* is proof that the arts and sciences have always danced together.

#### Contributor Bio

**Rob Eastaway** has authored and coauthored several bestselling books that connect math with everyday life, including *Why Do Buses Come in Threes?* and *How Many Socks Make a Pair?* He is the director of Maths Inspiration, an interactive lecture program that has reached over 250,000 teenagers in the United Kingdom, New York, and Sydney. In 2017, he received the Zeeman Medal for excellence in the public communication of mathematics, and in 2025, he delivered the BSHM Gresham College Lecture on the subject of Shakespeare and mathematics. He lives in London.

#### Quotes

**2024 Mathical Book Award for Grades 9–12**  
**A Bloomberg Best Book of 2024**

"Presents the Bard's characters as calculating in a way you probably never considered."—*The Washington Post*

"An entertaining look at what really counts in the tragedies, comedies and histories."—*Boston Herald*

"As Eastaway explains, Shakespeare's works are richly adorned with numbers."—*Financial Times*

"Highly readable. . . . Shakespeare's surprising yet unsurprising mathematical sophistication led to some of his most creative feats."—**A Bloomberg Best Book of 2024**, selected by Chris Flowers

"This entertaining history . . . succeeds in outlining the mathematical and scientific ideas that trickled into the Bard's plays."—*Publishers Weekly*

"A playful and engaging book . . . bound to excite the appetite of all Shakespeare junkies."—Patrick Spottiswoode, Founder, Shakespeare's Globe Education  
 "A fascinating and hugely entertaining guide to Shakespearean mathematics."—**Sarah Hart**, author of *Once Upon A Prime*

"You can count on both Rob Eastaway and Shakespeare to make mathematics entertaining."—**Sir Tim Rice**



## My Big Wimmelbook®—Happy Halloween!

Alexandra Helm

**Boo! From trick-or-treating and pumpkin carving to costume parties and spooky surprises, this festive wimmelbook is packed with Halloween fun to find and explore.**

**The My Big Wimmelbooks® series is an effortless introduction to literacy that lets beginning readers ages 2 to 5 be the storyteller—with hours of seek-and-find, hands-on learning.**

### Summary

In these oversize board books, every page is bursting with life—and tons to discover! Children as young as age 2 have a blast pointing out recognizable things—a jack-o'-lantern, a black cat, a ghost in the window—while older kids can follow the star characters through all kinds of bustling Halloween scenes.

Wimmelbooks are virtually instruction-free, inviting kids to make their own way through the busy Wimmelworld they encounter—and to craft their own stories. First, they're introduced to a unique cast of characters who are hidden in plain sight on the pages that follow. As children seek them out, each character's storyline unfolds, but it's up to kids to interpret the scenes and create stories they think fit. It's hours upon hours of fun—and an effortless introduction to literacy, to boot.

*My Big Wimmelbook®—Happy Halloween!* overflows with seasonal spirit, helping kids sharpen their observation skills while delighting in every spooky, silly detail. Whether they're spotting trick-or-treaters, witches on broomsticks, or a parade of playful ghosts, young readers will love discovering all the Halloween magic hiding in this lively world.

### About Wimmelbooks

Wimmelbooks originated in Germany decades ago and have become a sensation with children (and adults!) worldwide. My Big Wimmelbooks® is the first-ever English-language wimmelbook series. Its books have been praised as "lively . . . and abounding with humor and detail" (*WSJ*) and likely to "make any parent's heart sing" (*NYT*).

### Contributor Bio

**Alexandra Helm** has studied at Chelsea College of Art and Central Saint Martins. She works with Dreams, Memory and Observation. Recently she has extended her practice by studying at the Royal Drawing School, London. She is a member of Sonsoles Print Studio and an associate member of East London Print Studio. She participates in Perienne Christain's Creativity Cafe. The Royal Academy of Arts accepted one of her pieces as part of their Summer Exhibition in 2023, which has led to her work being widely collected. Alexandra currently studies with Turps Art School, London.

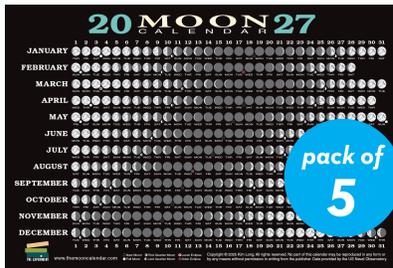
### Quotes

"The large board books in the *My Big Wimmelbook* series are full of lively, crowded tableaux of people and animals going about their business in different settings. [Wimmelbooks] abound with witty details to draw in younger children . . . and older toddlers will want to follow the wordless interactions that spill from one page to the next in these eventful pictures."—*The Wall Street Journal*



The Experiment  
9798893031447  
On Sale Date: 7/7/2026  
Ship Date: 7/7/2026  
\$14.95/\$19.95 Can.  
Board Book

16 Pages  
With rounded corners | 6 color,  
full-spread scenes to explore  
Carton Qty: 30  
Juvenile Fiction / Holidays &  
Celebrations  
JUV017030  
Series: My Big Wimmelbooks  
11.8 in H | 8.9 in W



## 2027 Moon Calendar Card (5 pack)

Lunar Phases, Eclipses, and More!

Kim Long

See every beautiful moon of 2027 with Kim Long's classic and handy *Moon Calendar Card*

### Summary

This is the 45th edition of Kim Long's classic *Moon Calendar*, the first of its kind and a fan favorite since 1982. With a graphic, at-a-glance 2027 lunar calendar on the front and easy-to-read, detailed data provided by the US Naval Observatory on the reverse, this handy card is a fun reminder to tack up by your desk or on the fridge. It also makes a great gift for kids, gardeners, fishermen and sportsmen, sky watchers, astrology buffs, and followers of the many faiths that mark time by the Moon.

- Sturdy and convenient 10" x 6.75" reference card
- Front: Lunar calendar with realistic moon images
- Back: Dates and times of every phase change, eclipse, apogee, and perigee
- Available in a pack of 5 and a pack of 40!

Whatever your reason for moon watching, you won't miss a thing with the *2027 Moon Calendar Card!*

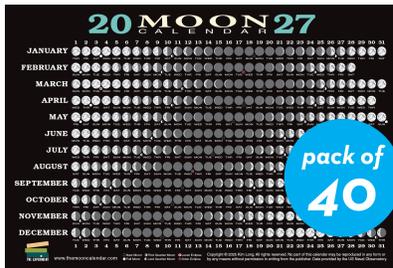
### Contributor Bio

**Kim Long** is the creator of the award-winning *Moon Calendar*. Between 1984 and 2006, his *American Forecaster Almanac* was published in twenty-two annual editions. He is the author or coauthor of many other books, including *The Moon Book*. He lives in Denver, Colorado.

The Experiment  
9798893031553  
On Sale Date: 7/7/2026  
Ship Date: 7/7/2026  
\$20.00/\$25.00 Can. Cards

2 Pages  
Color front | B&W reverse  
Carton Qty: 60  
Nature / Sky Observation  
NAT033000

6.8 in H | 10 in W



## 2027 Moon Calendar Card (40 pack)

Lunar Phases, Eclipses, and More!

Kim Long

See every beautiful moon of 2027 with Kim Long's classic and handy *Moon Calendar Card*

### Summary

This is the 45th edition of Kim Long's classic *Moon Calendar*, the first of its kind and a fan favorite since 1982. With a graphic, at-a-glance 2027 lunar calendar on the front and easy-to-read, detailed data provided by the US Naval Observatory on the reverse, this handy card is a fun reminder to tack up by your desk or on the fridge. It also makes a great gift for kids, gardeners, fishermen and sportsmen, sky watchers, astrology buffs, and followers of the many faiths that mark time by the Moon.

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The Experiment  
9798893031539  
On Sale Date: 7/7/2026  
Ship Date: 7/7/2026  
\$160.00/\$200.00 Can.  
Cards

2 Pages  
Color front | B&W reverse  
Carton Qty: 11  
Nature / Sky Observation  
NAT033000

6.8 in H | 10 in W