

Create a schedule for your job search and follow it. Routine produces results!¹ It will also keep you from overthinking or spending all day hitting refresh. In addition to checking emails and job boards, build in time for exercise, being outdoors, working toward personal goals (see page 21), and anything else you want to make sure to enjoy outside of traditional working hours.

DAILY

5 AM

6 AM

7 AM

8 AM

9 AM

10 AM

11 AM

12 PM

1 PM

2 PM

3 PM

4 PM

5 PM

6 PM

7 PM

8 PM

WEEKLY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Take a family member's work history. Who knows what common threads of interests, career paths, or roads less traveled their answers may uncover? Start with these questions and repeat as desired with other family members.

Name:

Career path:

What they liked:

What they didn't like:

Pivots during the course of their career:

Big moments:

Hardships or regrets:

Advice they would have given their younger self:

What does your ideal workday look like? Are you part of the morning dash to the office, coffee in hand? Or curled up on your couch ready to open your laptop? Spending the day using your hands? Crushing it in meetings? Is your afternoon free for brainstorming or does it end with a client dinner or event?

MORNING

LUNCH

AFTERNOON

EVENING

Stick a name tag to your shirt. That's right, it's time to find a networking event. Aim for something tangential to the field you're interested in, or something related to a personal passion. Your goal: Speak to three people, record their information here, and then follow up with them via email or social media.

Name **Job**

Contact Information

Notes

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Contact Information

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