Use the checkboxes below to mark which chapters throughout the book you found most helpful.

<table>
<thead>
<tr>
<th>PART I</th>
<th>PART II</th>
<th>PART III</th>
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<td>17 Lessons in the Discipline of Desire</td>
<td>18 Lessons in the Discipline of Action</td>
<td>17 Lessons in the Discipline of Assent</td>
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Quiz

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DOESN'T
DESCRIBE
ME AT ALL

DESERIBES ME
PERFECTLY

1 2 3 4 5 6 7 8 9 10

DOESN'T
DESCRIBE
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